

MORGAN COUNTY SCHOOLS

Breakfast and Lunch Menus

High School

Welcome to School Year 2017-18

August 21-September 1, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
21 B – Cereal Choice, Yogurt, Blueberry Bread, Fresh Peach, Juice, Milk L – Hot Dog on Bun, Vegetarian Beans, Baby Carrots w/Ranch, Sliced Pears, Pretzels, Milk	22 B - French Toast Sticks, Scrambled Eggs, Fresh Cantaloupe, Juice, Milk L-Turkey Cheese Sub w/Lettuce, Tomato, California Vegetables, Fresh Cantaloupe, Milk	23 B – Waffles w/Warm Cinnamon Apples, Juice, Milk L- Ham Cheese Croissant Sandwich w/Lettuce/Tomato, Corn, Watermelon, Milk	24 B – Croissant w/Canadian Ham, Egg & Cheese, Fresh Nectarine, Juice, Milk L- Beef Taco Salad w/Lettuce/Tomato/Cheese, Salsa, Sour Cream, Rice, Black Bean Salad, Mandarin Oranges, Milk	25 B - Chicken Biscuit, Mandarin Oranges, Juice, Milk L – Macaroni & Cheese Filled Quesadilla, Fresh Broccoli w/Ranch, Peach & Raspberry Yogurt, Fresh Cantaloupe, Milk
28 B- Egg, Bacon, Cheese Breakfast Pizza, Fresh Peach, Juice, Milk L- Seasoned Chicken Quarter, Broccoli w/Cheese, Rice, Wheat Roll, Fresh Cantaloupe, Milk	29 B-Soft Pretzel w/Mustard or Cream Cheese, Applesauce, Juice, Milk L- Cheeseburger Deluxe on Kaiser Roll, Oven Fries, Pork n’ Beans, Fresh Cantaloupe, Milk	30 B - Pancakes w/Syrup, Fresh Cantaloupe, Juice, Milk L- Breaded Chicken Tenders, Green Beans, Sliced Peaches, Wheat Roll, Milk	31 B – Scrambled Eggs, Blueberry Muffin, Fresh Nectarine, Juice, Milk L- Spaghetti w/Meat Sauce, Tossed Salad w/Dressing, Breadstick, Fresh Cantaloupe, Milk	1 B - Cereal Choice, Apple Cinnamon Muffin, Hard Boiled Egg, Fresh Peach, Juice, Milk L-Creamed Chicken in Bread Bowl, Peas, Glazed Carrots, Fresh Nectarine, Milk

This institution is an equal opportunity provider.

**Menus subject to change based on product availability and inclement weather.