

## MORGAN COUNTY SCHOOLS Middle School Menu February 4 - March 1, 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 B- French Toast Sticks, Tangerine, Juice, Milk	5 B – Chocolate Muffin, Yogurt, Strawberries, Juice, Milk	6 B – Breakfast Pizza, Mandarin Oranges, Juice, Milk	7 B – Maple Pancakes, Applesauce, Juice, Milk	8 B – Cheese Omelet, Toast, Peaches, Juice, Milk
L – Chicken Sandwich on WW Bun w/Lettuce & Tomato, Baked Beans, Mandarin Oranges, Milk	L – Country Fried Steak Dippers, Country Gravy, Mashed Potatoes, Green Beans, WW Dinner Roll, Peaches, Milk	L – Orange Chicken over Rice, Steamed Broccoli, Pineapple Tidbits, Milk	L – Cheese Pizza, Fresh Baby Carrots w/Ranch, Corn, Peaches, Milk	L – Corn Dog Minis, Oven Fries, Sugar Snap Peas w/Ranch, Applesauce, Milk
11	12	13	14	15
B – Taco Breakfast Wrap w/Egg and Cheese, Banana, Juice, Milk	B – Cinnamon Roll, Yogurt, Applesauce, Juice, Milk	B – Sausage Gravy over Biscuit, Sliced Strawberries, Juice, Milk	B – Scrambled Eggs w/ Ham, Toast, Mandarin Oranges, Juice, Milk	B- Cereal Choice w/ Iced Granola Bar, Peaches, Juice, Milk
L – Tomato Soup, Grilled Cheese Sandwich, Sugar Snap Peas w/Ranch, Applesauce, Milk	L – Chicken Tenders and Waffles, Hash Brown, Corn Cobette, Fresh Apple, Milk	L – Chicken Fajita w/Lettuce, Tomato & Cheese, Seasoned Pinto Beans, Pineapple, Milk	L – Hamburger on WW Bun, Tater Tots, Glazed Carrots, Mixed Fruit, Milk	L – Chicken Drumstick, Parsley Potatoes, Steamed Broccoli, Peaches, Milk
18	19	20 **National Muffin Day**	21 ** National Sticky Bun Day**	22
B – Cinnamon & Raisin Bagel w/Cream Cheese, Banana, Juice, Milk	B – Cereal Choice, Yogurt w/Mix-in, Applesauce, Juice, Milk	B – Apple Cinnamon Muffin, Yogurt Parfait w/Fruit, Juice, Milk	B – Cinnamon Buns, Yogurt, Peaches, Juice, Milk	B – Blueberry Pancake Minis, Tangerine, Juice, Milk
L – Steak & Cheese Subs, Tater Tots, Glazed Carrots, Applesauce, Milk	L – Popcorn Chicken, Mashed Potatoes, Buttered Corn, Mandarin Oranges, Milk	L – Turkey On Croissant w/Lettuce, Tomato and Cheese, Broccoli w/ Ranch, Buttered Peas, Pineapple, Milk	L – Beef Tacos on Hard Shell w/Lettuce, Tomato and Cheese, Seasoned Pinto Beans, Fresh Apple, Milk	L – French Bread Pizza, Buttered Peas, Veggie Dunkers w/Ranch, Kiwi-Strawberry Sidekick, Milk
25	26	27 ** National Chili Day**	28	1
B – Pancake on a Stick, Peaches, Juice, Milk	B – Apple Turnover, Yogurt w/Strawberries, Juice, Milk	B – Cheese Omelet w/Salsa, Mandarin Oranges, Juice, Milk	B – Cereal Choice w/Oatmeal Bar, Applesauce, Juice, Milk	B – French Toast Sticks, Pears, Juice, Milk
L – Fish Sticks, Mac & Cheese, Green Beans, Mandarin Oranges, Milk	L – Salisbury Steak, Mashed Potatoes w/Gravy, Glazed Carrots, Applesauce, WW Dinner Roll, Milk	L – Chili, Cheese Stick, Cornbread Muffin, Potato Boat, Tangelo, Milk	L – Chicken Pot Pie, Veggie Dunkers, Tossed Salad w/Dressing, Peaches, Milk	L – Pepperoni Pizza Bites, Fresh Broccoli w/Ranch, Buttered Corn, Pineapple, Milk

<sup>\*</sup>Menus are subject to change based on product availability and inclement weather.