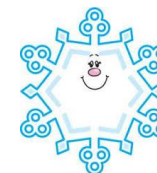
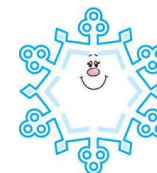


MORGAN COUNTY SCHOOLS
High School Menu
January 3 - February 1, 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 New Year's Day No School	2 Professional Learning Day No School for Students	3 B – Apple Cinnamon Muffin, Yogurt, Tangerine, Juice, Milk L – Pizza, Veggie Dunkers w/Ranch, Corn, Mandarin Oranges, Milk	4 B – Breakfast Pizza, Mandarin Oranges Juice, Milk ** National Spaghetti Day ** L – Spaghetti w/Meat Sauce, Garden Salad, Garlic Bread, Applesauce, Milk
7 B –Cinnamon Pretzel Stick, Applesauce, Juice, Milk L – Chicken Nuggets, Scalloped Potatoes, Green Beans, Mixed Fruit, WW Dinner Roll, Milk	8 B – Chicken Biscuit, Peaches, Juice, Milk L – Calzone w/Marinara Sauce, Broccoli w/Ranch, Pineapple, Milk	9 B – Soft Pretzel w/Cheese, Yogurt, Strawberries, Juice, Milk L – Chicken Drumstick, Baked Sweet Potato w/Cinnamon & Sugar, Corn, WW Dinner Roll, Sliced Peaches, Milk	10 B - Dutch Waffle Cake, Spiced Apples, Juice, Milk L – Sloppy Joe on WW Bun, Tater Tots, Lima Beans & Corn, Sliced Pears, Milk	11 ** National Milk Day** B – Creamy Oatmeal w/Blueberries, Toast, Juice, Milk L – Beef Tacos w/Hard Shell, Lettuce, Tomato & Cheese, Pinto Beans, Mandarin Oranges, Milk
14 B – Mini Maple Pancakes, Sausage, Tangerine, Juice, Milk L – Meatball Sub, Oven Fries, Baked Beans, Diced Peaches, Milk	15 B – Sausage Biscuit, Diced Peaches, Juice, Milk L – Chicken Over Biscuit, Green Beans, Baked Sweet Potato, Applesauce, Milk	16 B – Cereal, Yogurt, Banana, Juice, Milk L – Teriyaki Beef Dippers, Fluffy Rice, California Vegetable Blend, Pineapple, Milk	17 B – Scrambled Eggs, Toast, Mandarin Oranges, Juice, Milk L – Chicken Noodle Soup, Pepperoni Roll, Carrots w/Ranch, Pears, Milk	18 B – Pancake on a Stick, Dice Peaches, Juice, Milk L – Pizza, Broccoli w/Ranch, Corn, Pineapple Chunks, Milk
21 Martin Luther King Holiday No School	22 B – Breakfast Pizza, Pineapple Tidbits, Juice, Milk L – Salisbury Steak, Mashed Potatoes and Gravy, Steamed Broccoli, Applesauce, WW Dinner Roll, Milk	23 B – Blueberry Bread, Yogurt, Diced Peaches, Juice, Milk L – Chicken & Waffles, Hash Brown Patty, Corn Coblette, Apple, Milk	24 B – Croissant w/Egg and Turkey Ham, Tangerine, Juice, Milk L – Cheeseburger on WW Bun, Veggie Dunkers w/Ranch, Sweet Potato Fries, Peaches, Milk	25 B – French Toast Sticks, Diced Pears, Juice, Milk L – Ground Beef over Nachos w/ Lettuce, Tomato and Cheese, Seasoned Pinto Beans, Mandarin Oranges, Milk
28 ** National Blueberry Pancake Day** B- Blueberry Pancakes, Yogurt, Applesauce, Juice, Milk L – Tomato Soup, Mozzarella Sticks, Fresh Broccoli w/Ranch, Peaches, Milk	29 B – Super Donut, Yogurt, Diced Peaches, Juice, Milk L – Pizza, Sugar Snap Peas w/Ranch, Corn, Pineapple, Milk	30** National Croissant Day** B – Ham & Cheese Croissant, Diced Pears, Juice, Milk L – Hot Hamburger Sandwich w/Gravy, Mashed Potatoes, Green Beans, Mandarin Oranges, Milk	31 B – Apple Filled Churro, Yogurt, Strawberries, Juice, Milk L – Chicken Nuggets, Baked Beans, Oven Fries, Applesauce, Milk	1 B – Breakfast Pizza, Tangerine, Juice, Milk L – Chicken Fajita w/Lettuce, Tomato, & Cheese, Tortilla Chips and Salsa, Corn and Black Bean Blend, Pears, Milk

*Menus are subject to change based on product availability and inclement weather.