



MORGAN COUNTY SCHOOLS
High School Menu
May 6 - June 7, 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6</p> <p>B – Scrambled Eggs w/Diced Ham, Toast, Mandarin Oranges, Juice, Milk</p> <p>L – Chicken Patty on WW Bun w/Lettuce & Tomato, Tater Tots, Baked Beans, Strawberries, Milk</p>	<p>7</p> <p>B – Breakfast Pizza, Orange, Juice, Milk</p> <p>L – Salisbury Steak, Mashed Potatoes w/Gravy, Glazed Carrots, Peaches, Dinner Roll, Milk</p>	<p>8</p> <p>B – Sausage Gravy over Biscuit, Fresh Fruit, Juice, Milk</p> <p>L Baked Chicken Breast, Baked Potato, Broccoli & Cheese, Mandarin Oranges, Dinner Roll, Milk</p>	<p>9</p> <p>B – Cereal Choice, Yogurt, Banana, Juice, Milk</p> <p>L – Hamburger on WW Bun w/Lettuce & Tomato, Potato Wedges, Celery Sticks w/Ranch, Strawberries, Milk</p>	<p>10</p> <p>B – Apple Cinnamon Muffin, Mixed Berry Fruit Cup, Juice, Milk</p> <p>L – French Bread Pizza, Corn, Sugar Snap Peas w/Ranch, Applesauce, Milk</p>
<p>13</p> <p>B – Colby Cheese Omelet, Toast, Mixed Fruit, Juice, Milk</p> <p>L – Chicken Fajita w/ Lettuce, Tomato, Cheese & Salsa, Seasoned Pinto Beans, Mandarin Oranges, Milk</p>	<p>14</p> <p>B – Cinnamon Roll, Yogurt, Applesauce, Juice, Milk</p> <p>L – Cheeseburger on WW Bun, Tater Tots, Baked Beans, Mixed Fruit, Milk</p>	<p>15</p> <p>B – Pancakes and Sausage, Sliced Strawberries, Juice, Milk</p> <p>L – Cheese Ravioli w/Marinara, Tossed Salad w/Dressing, Green Beans, Applesauce Cup, Milk</p>	<p>16</p> <p>B – Banana Bread, Yogurt, Mandarin Oranges, Juice, Milk</p> <p>L – Meatball Sub, Seasoned Potato Boat, Buttered Peas, Mixed Fruit, Milk</p>	<p>17</p> <p>B – Pancake on a Stick, Strawberries, Juice, Milk</p> <p>L – Pizza, Fresh Broccoli w/Ranch, Corn, Pineapple, Milk</p>
<p>20</p> <p>B – French Toast Sticks, Peaches, Juice, Milk</p> <p>L – Chicken Nuggets, Potato Wedges, Buttered Corn, Diced Pears, Dinner Roll, Milk</p>	<p>21</p> <p>B – Ham & Cheese on Hawaiian Roll, Mandarin Oranges, Juice, Milk</p> <p>L – Hot Dog on WW Bun, Tater Tots, Buttered Carrots, Baked Beans, Applesauce, Milk</p>	<p>22</p> <p>B – Cereal Choice, Yogurt, Banana, Juice, Milk</p> <p>L –Pasta w/Meat Sauce, Steamed Broccoli, Garlic Toast, Cheese Stick, Mandarin Oranges, Milk</p>	<p>23</p> <p>B – Egg and Cheese Wrap, Strawberries, Juice, Milk</p> <p>L – Fish Sticks, Mac and Cheese, Green Beans, Peaches, Dinner Roll, Milk</p>	<p>24</p> <p>B – Chicken Biscuit, Applesauce Cup, Juice, Milk</p> <p>L – Cheese Pizza Round, Baby Carrots w/Ranch, Buttered Corn & Limas, Pineapple, Milk</p>
<p>27</p> <p style="text-align: center;">No School for Students Memorial Day</p>	<p>28</p> <p>B – Colby Cheese Omelet, Toast, Mandarin Oranges, Juice, Milk</p> <p>L – Beef Soft Taco w/Lettuce, Tomato, Cheese & Salsa, Seasoned Pinto Beans, Peaches, Milk</p>	<p>29</p> <p>B – English Muffin w/Sausage, Mixed Fruit, Juice, Milk</p> <p>L – Hot Dog on WW Bun, Tater Tots, Baby Carrots w/Ranch, Applesauce, Strawberry Mango Sidekick, Milk</p>	<p>30</p> <p>B – Bacon & Cheese Eggs, Toast, Banana, Juice, Milk</p> <p>L – Spaghetti w/Meat Sauce, Cheese Stick, Steamed Broccoli, Salad w/Dressing Choice, Mandarin Oranges, Milk</p>	<p>31</p> <p>B – Soft Pretzel w/Cheese, Pears, Juice, Milk</p> <p>L Chicken & Waffles, Tater Tots, Corn, Pineapple, Milk</p>
<p>June 3</p> <p>B –Cook’s Choice</p> <p>L – Cook’s Choice</p>	<p>4</p> <p>B –Cook’s Choice</p> <p>L – Cook’s Choice</p>	<p>5</p> <p>B –Cook’s Choice</p> <p>L – Cook’s Choice</p>	<p>6</p> <p>B –Cook’s Choice</p> <p>L – Cook’s Choice</p>	<p>7</p> <p>B –Cook’s Choice</p> <p>L – Cook’s Choice</p>

*Menus are subject to change based on product availability and inclement weather.

*Check us out on Facebook @ MCS Child Nutrition for nutrition facts and menu updates