



MORGAN COUNTY SCHOOLS
Middle School Menu
May 6 - June 7, 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 B – Scrambled Eggs w/Diced Ham, Toast, Mandarin Oranges, Juice, Milk L – Chicken over Biscuit, Glazed Carrots, Fresh Apple, Milk	7 B – Sausage Breakfast Pizza, Orange, Juice, Milk L – Salisbury Steak, Mashed Potatoes w/Gravy, Steamed Broccoli, Peaches, Dinner Roll, Milk	8 B – Sausage Gravy over Biscuit, Blueberries, Juice, Milk L Beef Taco (hard shell) w/Lettuce, Tomato & Cheese, Rice, Seasoned Pinto Beans, Mandarin Oranges, Milk	9 B – Cereal Choice, Yogurt, Banana, Juice, Milk L – Chicken Patty on WW Bun w/Lettuce & Tomato, Tater Tots, Buttered Peas, Strawberries, Milk	10 B – Apple Cinnamon Muffin, Mixed Berry Fruit Cup, Juice, Milk L – French Bread Pizza, Corn, Sugar Snap Peas w/Ranch, Applesauce, Milk
13 B – Colby Cheese Omelet, Toast, Mixed Fruit, Juice, Milk L – Chicken Fajita w/ Lettuce, Tomato, Cheese & Salsa, Seasoned Pinto Beans, Mandarin Oranges, Milk	14 B – Cinnamon Roll, Yogurt, Applesauce, Juice, Milk L – Cheeseburger on WW Bun, Tater Tots, Buttered Peas, Mixed Fruit, Milk	15 B – Pancakes and Sausage, Sliced Strawberries, Juice, Milk L - Cheese Ravioli w/Marinara, Tossed Salad w/Dressing, Green Beans, Applesauce Cup, Milk	16 B – Banana Bread, Yogurt, Mandarin Oranges, Juice, Milk L – Meatball Sub, Seasoned Potato Boat, Buttered Peas, Mixed Fruit, Milk	17 B – Pancake on a Stick, Strawberries, Juice, Milk L – Pizza, Fresh Broccoli w/Ranch, Corn, Pineapple, Milk
20 B – French Toast Sticks, Peaches, Juice, Milk L – Chicken Nuggets, Potato Wedges, Buttered Corn, Diced Pears, Milk	21 B – Ham & Cheese on Hawaiian Roll, Mandarin Oranges, Juice, Milk L – Hot Dog on WW Bun, Tater Tots, Baked Beans, Applesauce, Milk	22 B – Cereal Choice, Yogurt, Banana, Juice, Milk L –Pasta w/Meat Sauce, Steamed Broccoli, Salad w/Dressing, Cheese Stick, Mandarin Oranges, Milk	23 B – Egg and Cheese Wrap, Strawberries, Juice, Milk L – Fish Sticks, Mac and Cheese, Green Beans, Peaches, Dinner Roll, Milk	24 B – Chicken Biscuit, Applesauce Cup, Juice, Milk L – Cheese Pizza Round, Baby Carrots w/Ranch, Buttered Corn & Limas, Pineapple, Milk
27 No School for Students Memorial Day	28 B – Colby Cheese Omelet, Toast, Mandarin Oranges, Juice, Milk L – Beef Soft Taco w/Lettuce, Tomato, Cheese & Salsa, Seasoned Pinto Beans, Peaches, Milk	29 B – English Muffin w/Sausage, Mixed Fruit, Juice, Milk L – Hot Dog on WW Bun, Tater Tots, Baby Carrots w/Ranch, Applesauce, Strawberry Mango Sidekick, Milk	30 B – Bacon & Cheese Eggs, Toast, Banana, Juice, Milk L – Spaghetti w/Meat Sauce, Cheese Stick, Steamed Broccoli, Salad w/Dressing Choice, Mandarin Oranges, Milk	31 B – Soft Pretzel w/Cheese, Pears, Juice, Milk L Chicken & Waffles, Tater Tots, Corn, Pineapple, Milk
June 3 B –Cook’s Choice L – Cook’s Choice	4 B –Cook’s Choice L – Cook’s Choice	5 B –Cook’s Choice L – Cook’s Choice	6 B –Cook’s Choice L – Cook’s Choice	7 B –Cook’s Choice L – Cook’s Choice

*Menus are subject to change based on product availability and inclement weather.

*Check us out on Facebook @ MCS Child Nutrition for nutrition facts and menu updates